



Areej Al Saad
Clinical Dietician



Professional Qualifications:

- More than 13 years of experiences in clinical nutrition.
- Master degree in Diabetes from Queen Margaret University- Edinburgh.
- Hands on experience in managing nutrition related to clinical applications for adult and Pediatric.

Specialized in:

- Diabetes mellitus and obesity and other endocrine conditions such as type 1 and 2, gestational, pre-diabetes.
- Renal disease: acute, chronic renal failure, hemodialysis, peritoneal dialysis.
- Nephrotic syndrome.
- Neurological disorder dysphagia, stroke, parkinson's disease, neurosurgery Dysphagia.
- Gastrointestinal disease.
- Hepatobiliary disease.
- Weight loss procedures.
- Cardiovascular disease.
- Urolithiasis.
- Development disability and inborn error of metabolism.
- Management of acute trauma.